

NOTES



WHOLESALE PRODUCT LIST

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ABOUT



The Monin Family has been in the fishing industry for over 75 years with family members still fishing to this day. In 2011 Matt & Kellie Monin established “Monin Seafoods” & has built a reputation in supplying quality products at competitive prices with friendly service

Monin Seafoods source their fresh seafood direct from the fisherman and producers to ensure the highest quality. We supply a comprehensive range of

Fresh seafood, Quality Frozen Seafood, Dry Goods and Packaging with free delivery between Port Macquarie to Newcastle & all areas in between Monday to Saturday. Our wholesale ordering App is available to all customers, keeping you up to date on product availability, orders can be placed on the App, by email, phone as well as text.

Our Fresh Seafood Market is open to the public 6 days a week from 7am



PACKAGING

PRODUCT	SIZE	PACKED	BRAND	COST
Teaspoon Plastic White		1000		
Chinese Spoon Plastic White		1000		
Bowl Plastic White	7inch	50		
Plate Plastic White	7inch	50		
Plate Plastic White	9inch	50		
Toothpick Individually Wrapped		1000		
Ice Cream Cup	125ml	1000	Capri	
Cup Holder x 4		100	Capri	
Lunch Wrap Gourmet Times Newspaper			Capri	
ENVIRONMENTALLY FRIENDLY PRODUCTS				
Coffee Cup “Enviro Double Wall”	8oz		Capri	
Coffee Cup “Enviro Double Wall”	12oz		Capri	
Coffee Cup “Enviro Double Wall”	16oz		Capri	
Lid Hot Cup “Enviro”			Capri	
Drinking straws Bio Degradable		5000	Capri	
Cling Wrap Bio 33cm			Capri	
Cling Wrap Bio 45cm			Capri	
Food Tray #4 Kraft		240	Capri	
Napkin Dinner Kraft GT Fold 2ply		100	Capri	
Oyster Forks Bamboo		100	Capri	
Dinner Box E Fluted Kraft		50	Capri	
Snack Box Large Fluted Kraft		50	Capri	
Burger Box Fluted Kraft				

PACKAGING

PRODUCT	SIZE	PACKED	BRAND	COST
Microwave Container "Rectangle"	500m	50/sleeve	Capri	
Microwave Container "Rectangle"	650m	50/sleeve	Capri	
Microwave Container "Rectangle"	750m	50/sleeve	Capri	
Microwave Container "Rectangle"	950m	50/sleeve	Capri	
Microwave Container Lid "Rectangle"		50/sleeve	Capri	
Roll Towel Premium Recycled	80m		Capri	
Roll Towel Centre Feed			Capri	
Paper Towel Ultra Slim	23x23.5	150	Capri	
Paper Towel Slimfold	23x23	200	Capri	
Wipes Heavy Duty Blue	85		Capri	
Gloves Clear "Powder Free"	m, l, xl	100	Capri	
Garbage Bags Heavy Duty "Black"	75/80lt	50	Capri	
Carry Bags Large	52x28x15	250	Capri	
Scourer Stainless Steel	70gm		Capri	
Meat Film				
Newsprint "Semi Gloss"				
Cling Wrap Dispenser	45x600		Capri	
Foil Catering Dispenser	44x150		Capri	
Baking Paper Caterers	40x140		Capri	
Lunch Wrap Premium	40x33x80		Capri	
Pizza Box White	13inch	50	Capri	
Pizza Box White	11inch	50	Capri	
Pizza Box White	9inch	50	Capri	
Foam Tray Black	14"x11"	250	Capri	
Foam Tray Black	11"x9"	125	Capri	
Food Tray Plain	Small	250	Capri	
Food Tray Plain	Large	250	Capri	
Hot Dog Tray Plain			Capri	

FRESH PRODUCTS

FRESH FISH FILLETS	FRESH WHOLE FISH	CRUSTACEANS & MOLLUSCS	MISCELLANEOUS
Atlantic Salmon Fillets	Snapper Large	Large King Prawns	Smoked Salmon
Coral Coast Barramundi Fillets	Snapper Medium	Medium King Prawns	Smoked Trout
Snapper Fillets	Snapper Small (Plate sSize)	Small King Prawns	Salmon Caviar
Blue Eye Cod Fillets	Barramundi Large	Tiger Prawns	Avruga Caviar
Ling Fillets	Barramundi small (Plate Size)	School Prawns	Squid Ink
Swordfish	Ocean Jackets	Headless Green King Prawns	Flying Fish Roe
Yellowfin Tuna	Flathead	Crystal Bay Prawns	Kina Roe (Sea Urchin)
Ocean Trout Fillets	Atlantic Salmon	Farm Tiger Prawns	Seaweed Salad
Kingfish Fillets	Ocean Trout	Balmain Bugs	Marinara Mix
Hapuka Fillets	Rainbow Trout	Mud Crabs	
Mullet Fillets	Pearl Perch	Blue Swimmer Crabs	
Shark Fillets	Bar Cod	Spanner Crabs	
Luderick Fillets	Garfish	Sydney Rock Oysters	
Mahi Fillets	Bonito	Black Mussels	
Mulloway (Jewfish) Fillets	John Dory	Queensland Scallops	
Marlin		Victorian Scallops	
King Dory Fillets			
Black Snapper Fillets			
Flathead Fillets			
Mangrove Jack Fillets			
Orange Roughy Fillets			
Red Spot Whiting Fillets			

All fresh products are subject to availability on the day, please refer to App for todays catch or call us directly for more Information. This is just a guide of the common products available, other products are available in season or on demand



FROZEN FISH FILLETS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Atlantic Salmon Portions Skin On	200g	5kg	KB	Norway	
Atlantic Salmon Portions Skin Off	200g	5kg	KB	Norway	
Bacala (Salted Cod)	Random			Portugal	
Barramundi Fillets	100/200	5kg	KB	Taiwan	
Barramundi Fillets	200/300	5kg	KB	Taiwan	
Barramundi Fillets	300/500	5kg		Taiwan	
Barramundi Fillets "Cryovac individual"	200/300	5kg	Oceanic	Taiwan	
Barramundi Portions Skin on	200	5kg	Oceanic	Thailand	
Blue Eye Cod Loins		10kg	Pacific West	Vietnam	
Blue Eye Cod Portions	170g		Pacific West	Vietnam	
Basa Fillets	175/225g	5kg		Vietnam	
Flathead fillets	4/6oz	4.5kg	Shore Mariner	Argentina	
Flathead Fillets	4/6	5kg	Red Chamber	Argentina	
Flathead fillets	6/8	5kg	Red Chamber	Argentina	
Gold Band Snapper Fillets "Cryovac"	Random	5kg	ASP	Indonesia	
Hake Fillets	4/6oz	2x5kg=10kg	I&J	South Africa	
Hake Fillets	175/225	7kg	Pacific West	Argentina	
Hake Fillets "Cape Haddie"	8/14	6.8kg	Cape Haddie	South Africa	
Hoki Fillets Skin Off	6/8	6.8kg	Sealord	New Zealand	
Hoki Fillets Skin on	4/6	6.8kg	Sealord/Sanford	New Zealand	
Hoki Fillets Skin on	6/8	6.8kg	Sealord/Amatil	New Zealand	
John Dory Fillets Skin on	200+	5kg	Red Chamber	China	
Lemon Sole	C,D	10KG	Sanford	New Zealand	
Ling Fillets	500/1000	6.8kg		New Zealand	
Nile Perch Fillets		6kg		South Africa	
Orange Roughy Fillets	6/8	10kg		New Zealand	
Smoked Cod Fillets		5kg		South Africa	
Sweetlip Snapper Fillets	200/300	5kg	ASP	Indonesia	

PACKAGING

PRODUCT	SIZE	PACKED	BRAND	COST
Coffee Cup Squat "Black"	8oz	25/sleeve	Capri	
Coffee Cup Squat "Black"	12oz	25/sleeve	Capri	
Coffee Cup Squat "Black"	16oz	25/sleeve	Capri	
Coffee Cup Foam	8oz	1000	Capri	
Cold Cup Milkshake	22oz	50/sleeve	Capri	
Lid Hot Cup		50/sleeve	Capri	
Lid Cold Cup		100/sleeve	Capri	
Sandwich Wedge	Small	50	Capri	
Sandwich Wedge	Large	50	Capri	
Fresh Roll View Pack		125	Capri	
Burger Clam Foam		100	Capri	
Dinner Clam Foam Container		100	Capri	
Snack Box Clam Foam Container		100	Capri	
Napkin Lunch White	1ply	3000	Capri	
Napkin Lunch White	2ply	2000	Capri	
Napkin Dinner White Qtr Fold	2ply	250	Capri	
Napkin Dinner Black Qtr Fold	2ply	250	Capri	
Napkin Dinner White Gt Fold	2ply	125	Capri	
Napkin Cocktail White	2ply	2000	Capri	
Napkin Cocktail Black	2ply	2000	Capri	
Napkin Dispenser E Fold Tall	1ply	5000	Capri	
Napkin Dispenser E Fold Short	1ply	5000	Capri	
Cutlery Pack "Knife, Fork Napkin Combo"		500	Capri	
Doyley Round	4inch	250	Capri	
Doyley Round	8inch	250	Capri	
Doyley Paper Lace Rectangle		1000	Capri	
Paper Bag Square Sponge	280x290	500	Capri	
Paper Bag Long Sponge	335x290	500	Capri	
Packaging Tape Clear	48x75m			



DRY GOODS

PRODUCT	SIZE	PACKED	BRAND	COST
Tuscan Blend Olive Oil and Canola	20lt		Peerless	
Extra Virgin Olive Oil	4lt		Peerless	
Chips	11mm	10kg	Mydibel	
Brown Gravy Mix	7.5kg		Executive Chef	
Rich Brown Gravy Mix "Gluten Free"	7.5kg		Executive Chef	
Rock Salt	25kg			
Flossy Salt	25kg			
Chicken Salt	3kg		Executive Chef	
Chicken Salt	8kg		Executive Chef	
Tobasco Sauce "Red Pepper"	150m			
Tobasco Sauce "Chipotle"	150m			
Plain Flour		12.5kg	Allied Pinnacle	
Self Raising Flour		12.5kg	Allied Pinnacle	
Pizza Flour		12.5kg	Allied Pinnacle	
Perfection Flour		12.5kg	Allied Pinnacle	
Plain Flour		2kg	Allied Pinnacle	
Self Raising Flour		2kg	Allied Pinnacle	
Atta Flour		2kg	Allied Pinnacle	
Instant Dry Yeast		500g	Allied Pinnacle	

FROZEN FISH FILLETS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Sardine Fillets		1/2kg		Portuguese	
Tuna Portions	200g	5kg	Simplot	Vietnam	
Tuna Portions "Saku"	Random	5kg	Markwell	Indonesia	
Smoked Salmon Sliced "Red Cliffs"	Random		Tassal	Australia	
Smoked Salmon Pasta Pieces "Offcuts"		1kg	Tassal	Australia	
Whiting Fillets Plain		5kg	Monin	Australia	
English Cod Pin Bone Out	16/32	9kg		England	
Scottish Whiting	0/82g	5kg	ASP	Scotland	

WHOLE FISH

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Sardine		1kg		Portugal	
Whitebait W.A.	Random	1kg		Australia	
Whitebait imported (Silverfish)		1kg		China	



MOLLUSCS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Scallops Roe Off	10/20	10x1kg	Shore Mariner	China	
Scallops Roe Off	20/30	10x1kg	Shore Mariner	China	
Scallops Roe On	20/30	10 x 1kg	Shore Mariner	China	
Scallops Roe On	30/40	10 x 1 kg	Oceanic	China	
Scallops Roe Off	20/30	10 x 1kg	Clearwater	Canada	
Scallops Roe Off	10/20	10 x 1kg	Markwell	USA	
Scallops "Hokkaido" 3S	18/23	10 x 1kg		Japan	
Scallops "Hokkaido" 2S	16/18	10 X 1kg		Japan	
Scallops Half Shell Roe Off Queensland	Medium	10 Dozen		Australia	
Scallops Half Shell Roe Off Queensland	Large	10 Dozen		Australia	
Scallop Half Shell Roe On Victorian		12 Dozen		Australia	
Whole Cleaned Squid "Lolligo"	4/6	10x 1kg		Indonesia	
Whole Cleaned Squid "Lolligo"	6/8	10 x 1kg		Indonesia	
Squid Tubes "Super Tender"	U/5	5kg	Pacwest	China	
Squid Tubes	U/5	5kg	Oceanic	China	
Squid Tubes	U/5	5kg	Topsail	China	
Squid Tubes	U/5	5kg	Katos	Australia	
Pineapple Cut Squid	U/5	5kg	Oceanic	China	
Pineapple cut squid	U/5	5kg	Shore Mariner	China	
Pineapple Cut Squid	U/5	5kg	Katos	Australia	
Pineapple Cut Squid Strips		10 x 1kg	Oceanic	China	
Mussels Whole				New Zealand	
Mussels Half Shell				New Zealand	
Mussel Meat				New Zealand	
Octopus Hands				Indonesia	
Octopus "Baby"	26/40			Asia	
Octopus "Baby"	16/25			Asia	



DRY GOODS

PRODUCT	SIZE	PACKED	BRAND	COST
Cottonseed Oil Formula 40	20lt		Peerless	
Cottonseed Oil Riverina Australian	20lt		Riverina Oils	
Cottonseed Oil Riverina Imported	20lt		Riverina Oils	
Vegetable Oil	20lt		Riverina Oils	
Frying Tonight Oil	20lt		Riverina Oils	
Forte Oil Blended "Cottonseed & Canola"	20lt		Riverina Oils	
Gold Leaf Oil	12.5kg		Peerless	
Clarified Butter Replacer "Shef"	10kg		Peerless	
Monin Coffee Syrups "Various Flavours"				
Fine White bread Crumbs	10kg		Newly Weds	
Panko Bread Crumbs	10kg		Newly Weds	
Battermix	10lg		Newly Weds	
Whole Egg Mayonnaise	20lt		Birch & Waite	
Aioli Garlic Mayonnaise	10kg		Birch & Waite	
Tartare Sauce	10kg		Birch & Waite	
Other Birch & Waite Products on demand				
Sweet Chilli Sauce	2lt		A & T	



VALUE ADDED PRODUCTS

PRODUCT	SIZE	PACKED	SUPPLIER	COUNTRY OF	COST
Marinara Mix		10x1kg	Topsail	China	
Seafood Extender		10x1kg	Oceanic	Thailand	
Seafood Sticks		10x1kg	Oceanic	Thailand	
Whiting Fish Cakes	1/2kg		Monin	Australia	
Whiting Sausages	1/2kg		Monin	Australia	
Fish Cakes	36x100g		Chiko		
Fish Cakes	100g	2x2kg	Markwell	New Zealand	
Fish Cakes	100g	2x2kg	Top Hat	Australia	
Salmon & Vegetable Patties	48x85g	4.08kg	Markwell	New Zealand	
Vegetable Patties			I&J	Australia	
Lightly Battered Cod Portions	70g	3kg	Pacwest	New Zealand	
Southern Fried Barra Burger	85g	3x1kg	Pacwest		
Chiko Rolls		2kg	Chiko		
Pluto Pups		2.25kg	Chiko		
John Dory Fillets Tempura	70g	2.8kg	Bayview	Australia	
Seafood Sticks Tempura		1kg	A&T		
Seafood Sticks Wrapped		1kg	A&T		
Tamarind Noodle Prawn Roll		1kg	A&T		
Spring Rolls, Dim Sims		2kg	Marathon		
Cocktail Spring Rolls, Cocktail Samosas					
Puffy Dogs		1kg	Marathon		
Mini Pastizzi		1kg	Marathon		
Mini Dim Sims (Chicken or Beef)		1kg	Marathon		
Jalapeno Poppers "Risotto & Cheese"	45-65g	5x1kg	A & T	China	
Jalapeno Squid		5x1kg	A & T	China	
Jalapeno Fish Tails	40g	5x1kg	A & T	China	
Prawn, Vegetable, Seafood Gyoza	25g	8x1kg	KB	Thailand	
Prawn Bambino		1kg	A & T		
Seafood Claws		10x1kg	A & T	China	
Squid Pieces Lightly Dusted			Pacwest	China	



PRAWNS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Green King Prawns Whole	U/6	5kg		Australia	
Green King Prawns Whole	U/8	5kg		Australia	
Green King Prawns Whole	U/10	5kg		Australia	
Green King Prawns Whole	10/15	5kg		Australia	
Green King Prawns Whole	16/20	5kg		Australia	
Green King Prawns Whole	21/30	5kg		Australia	
Green King Prawns "Headless"	Medium	5kg		Australia	
Green King Prawns "Headless"	Large	5kg		Australia	
Cooked King Prawns	10/15	5kg		Australia	
Cooked King Prawns	10/20	5kg		Australia	
Cooked King Prawns	21/30	5kg		Australia	
Prawn Cutlets Steamed 100%	16/20	10 x 1kg		Asia	
Prawn Cutlets Steamed 100%	21/25	10 x 1kg		Asia	
Prawn Cutlets Steamed 100%	26/30	10 x 1kg		Asia	
Prawn Meat Steamed 100%	26/30	10 x 1 kg		Asia	
Prawn Meat Steamed 100%	31/40	10 x 1kg		Asia	
Green Prawn Cutlets 100%	21/25	10 x 1kg		Asia	
Cooked and Peeled Prawns	90/120	10 x 1kg	Shore Mariner	Asia	
Whole Cooked Vannamei Prawns	15/25	5kg	Oceanic	Thailand	
Whole Green Prawns for Bisque	21/30	5kg		Australia	

PRAWN SIZING TABLE COUNT	
Prawns per 1/2kg or Imperial Pound	
Whole Prawns	Prawn Cutlets & Meat
U/6	10/15
U/8	16/20
U/10	21/25
10/15	26/30
10/20	31/40
16/20	41/50
15/25	60/90
21/30	100/200
31/40	200/300

CRUSTACEANS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Alaskan King Crab Clusters					
Blue Swimmer Crab Meat "Shark Bay"	1/2kg	10x500g		Australia	
Blue Swimmer Crab Meat "Claw Meat"	454g	6x454g	A & T	Indonesia	
Blue Swimmer Crab Meat "Claw Meat"	227g	6x227g	A & T	Indonesia	
Blue Swimmer Crab Meat Raw	1/2kg	10x500g	CSJ	Tunisia	
Canadian Lobsters Split	400/450g	10kg		Canada	
Florida Lobsters	465/525g	10kg		USA	
Lobster Tails	4oz	4.454kg		Brazil	
Lobster Tails	7oz	4.454kg		Brazil	
Mud Crab Portions	60/120g	2 x 2.5kg	CSJ	Mozambique	
Mud Crab Sections "Broken"		8kg	CSJ	Mozambique	
Prawn Heads		6kg		Australia	
Scallop Shells		1 Dozen		Australia	
Scampi	No 1	1kg	Sanford	New Zealand	
Scampi	No 2	1kg	Sanford	New Zealand	
Slipper Lobster Whole	100/150g	10kg		China	
Slipper Lobster Meat	U/1oz	10 x 1kg		China	
Slipper Lobster Tails		10 x 1kg		Brazil	
Soft Shell Crab	120/150	10 x 1kg		Thailand	
Soft Shell Crab	150/200	10 x 1kg		thailand	

SCAMPI SIZING	
Pieces Per KG	
No. 1	4/7
No. 2	8/12
No. 3	13/16

SCALLOP SIZING	
Roe off scallop per 1/2kg	Roe on scallop per kg
Hokkaido	20/30
14/16	30/40
16/18	40/60
18/23	
23/28	
Chinese	
10/20	
20/30	
30/40	
40/60	

VALUE ADDED PRODUCTS

PRODUCT	SIZE	PACKED WEIGHT	SUPPLIER	COUNTRY OF ORIGIN	COST
Beer Battered Onion Rings		1kg	A & T		
Beer Battered Flathead Fillets		3kg	A & T	China	
Beer Battered Flathead Fillets	50g avg	3kg	Pacwest	South Africa	
Beer Battered Fish Fillets	30x145g	4.35kg	Pacwest	Malaysia	
Tempura Alaskan Pollock Fillets	30x115g	3.45kg	A & T	China	
Tempura Flounder Fillets	30x100g	3kg	A & T	China	
Tempura Fish Cocktails	30g	5kg	Pacwest	Malaysia	
Tempura Seafood Baskets	20x400g		A & T	China	
Crumbed Seafood Baskets	20x230g		Pacwest	Malaysia	
Crumbed Calamari "Formed"		5x1kg	A & T	China	
Crumbed Calamari "Natural"		5x1kg	A & T	China	
Panko Crumbed Calamari		4kg	A & T	China	
Panko Crumbed Calamari	33g	4kg	Pacwest	Malaysia	
Crunchy Calamari Rings	28/33g	3x1kg	KB	Vietnam	
Salt & Pepper Squid	15/25g	10x1kg	KB	China	
Crunchy Battered Whiting Fillets	70gm	5x1kg	KB	New Zealand	
Crunchy Battered Whiting Fillets	30x115g	3.45kg	KB	New Zealand	
Crumbed Whiting fillets	25g	3x1kg	Pacwest	Vietnam	
Crumbed Whiting Fillets			Just Caught	China	
Crumbed Whiting Fillets		5kg	Monin	Australia	
Crumbed Prawn Cutlets	10/15	3x2kg	A & T	Vietnam	
Crumbed Prawn Cutlets	10/15	6x1kg	Pacwest	Myanmar	
Tempura Rocket Prawns	25g	5x1kg	Markwell	Thailand	
Panko Crumbed Rocket Prawns	25g	5x1kg	Markwell	Thailand	
Lollipop Prawns "Cajun"	25g	5x1kg	Markwell	Thailand	
Prawn Twisters	23g	6x1kg	Markwell	China	
Coconut Prawns	21/25	5x1kg	Pacwest	Vietnam	
Panko Prawns	Medium	6x1kg	Pacwest	Myanmar	
Torpedo Prawns	40g	5x1kg	A & T	Vietnam	

